

## SUPPORT FOR YOUNG PEOPLE

ARE YOU AGED 16-24? Do you have a Congenital Heart Disease Diagnosis?

I can help with... Support if you are an inpatient on the ward

Support for outpatient clinics Preparation for procedures/surgery Listening and lifestyle support Signposting to other services Events and activities Contact Xander on 07832 668907 Xander@youthatheart.co.uk www.facebook.com/xander.heart.18

CHARITY COMMISSION NO:1158249

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