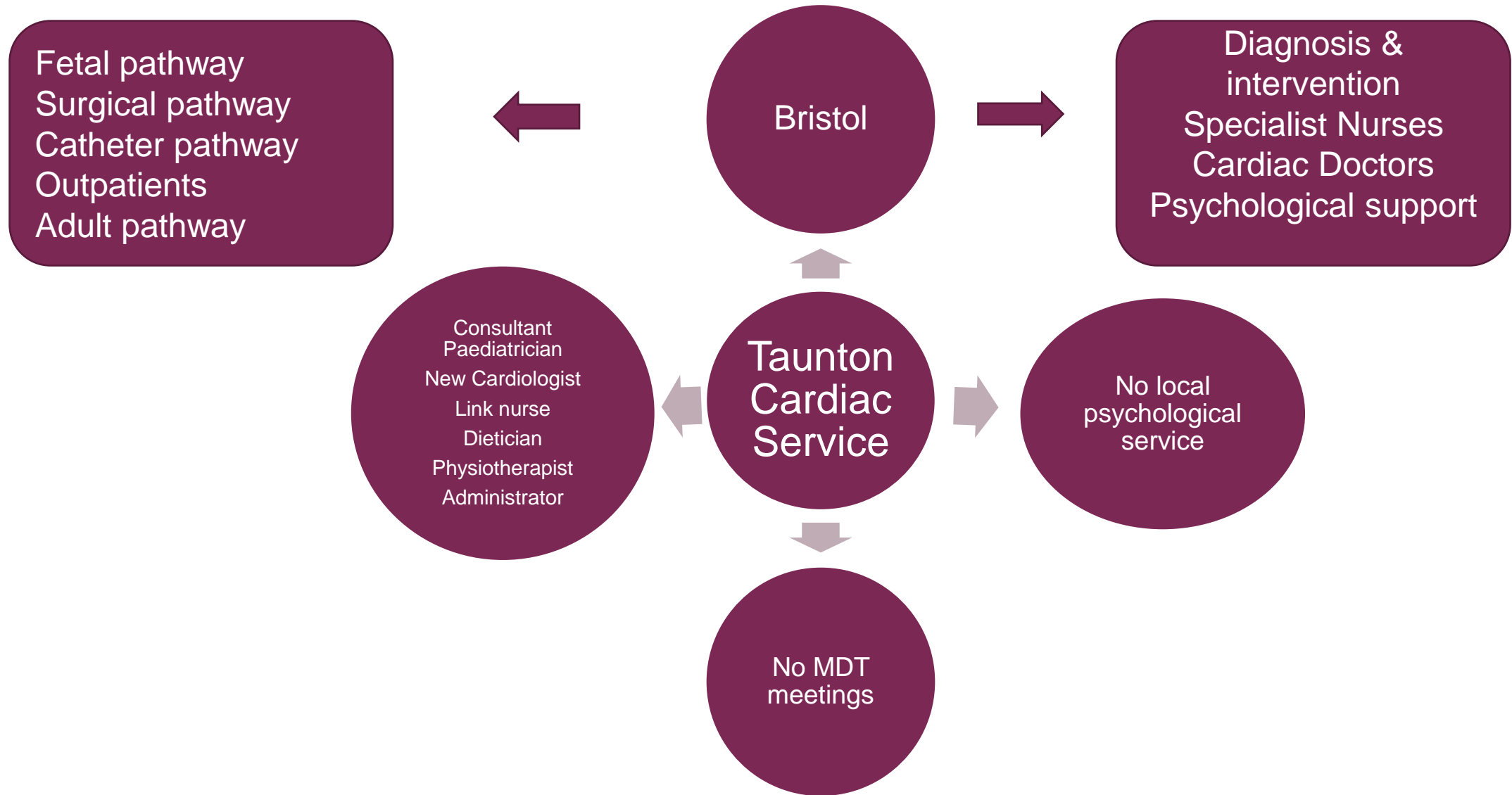


# Working with a regional centre Taunton, Somerset

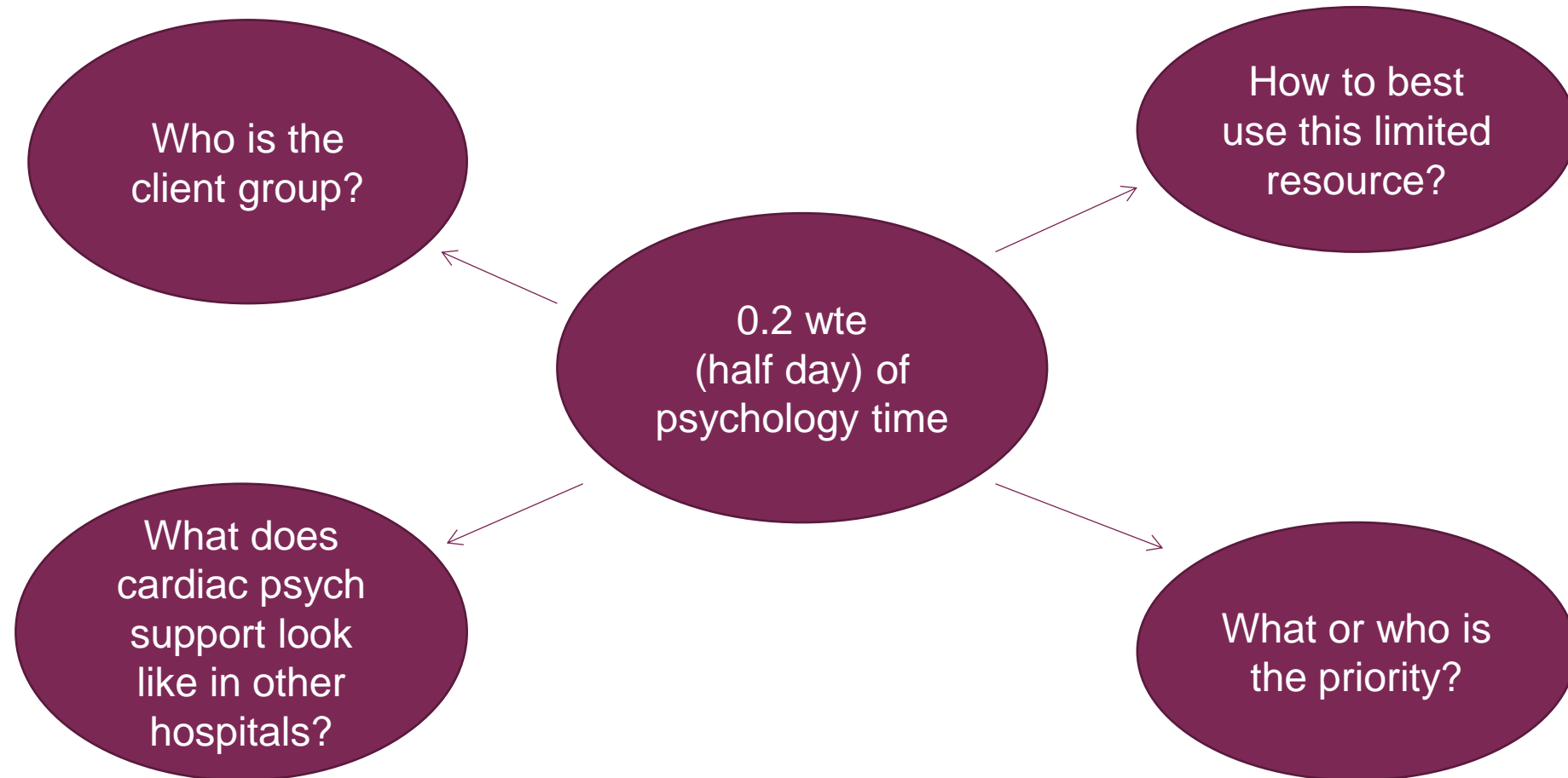
Dr Katherine Peckitt  
Clinical Psychologist, Musgrove Park Hospital  
Psychology Day 2020



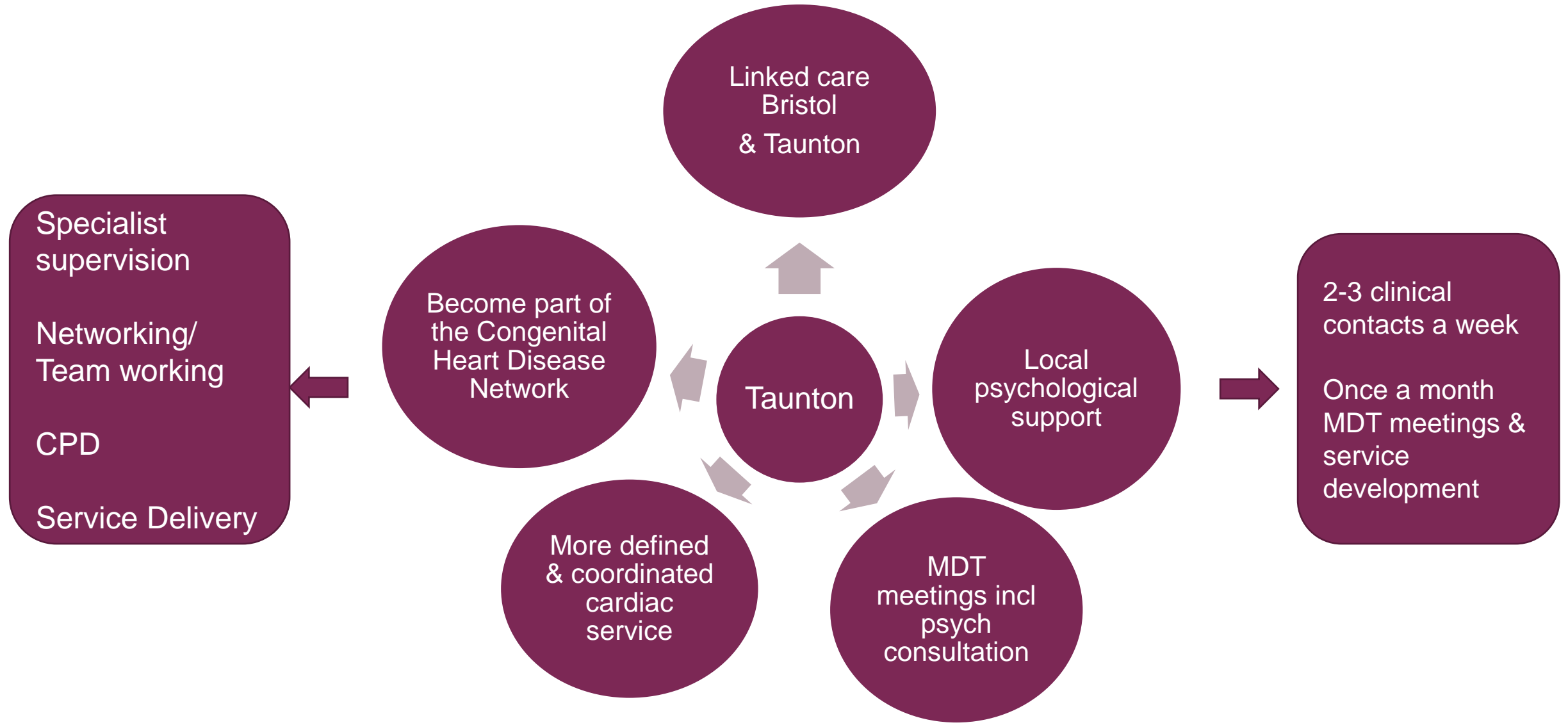
# Before August 2019:



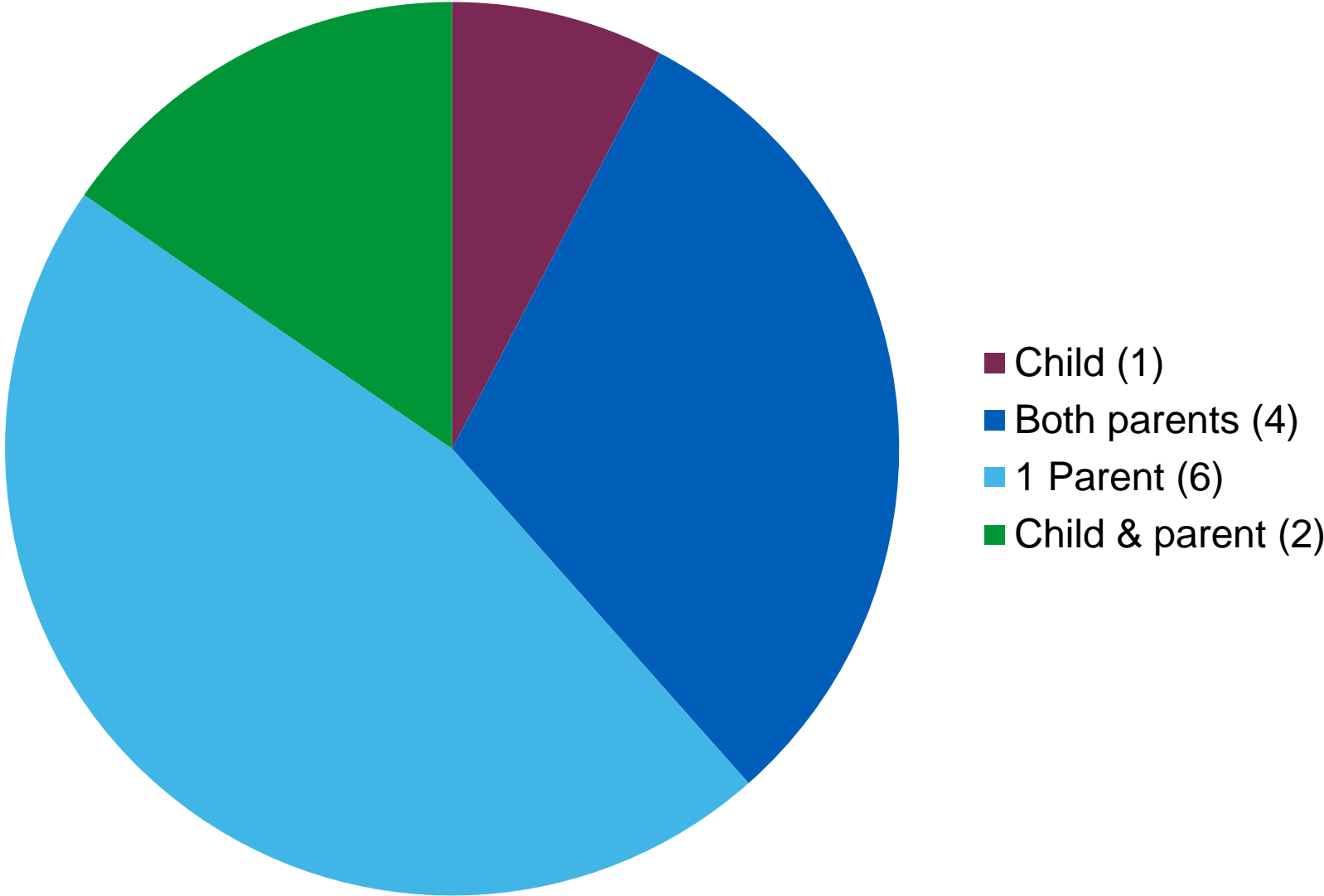
# A re-design of services meant we could offer a cardiac psychology service



# Working with a regional centre – Taunton, Somerset .... continued



# How many people were referred to the Taunton cardiac psychology service?



# Reasons for referral?

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- Parental anxiety in regards to parenting a child with a complex heart condition
- Parental anxiety in in regards to upcoming interventions
- Parental low mood/ overwhelm in response to unexpected heart condition
- Trauma related to medical interventions/ hospital admissions
- Managing health conditions in everyday life (e.g. at school, in relationship with friends)

# What have we learnt so far?

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- It takes time to set up a service, even on a small scale
- Having an administrator embedded in the team makes all the difference
- Service needs appear different between hospitals
  - E.g. psychological consultation about on-going engagement with families and paediatricians
- Improved team coherence and communication
  - Within and between hospitals
- Psychological consultation for the team has been well received and integrated
  - Wider psychological thinking around the family
- Access for families
  - E.g. an additional layer of care, closer to home
- Referral criteria for the Taunton psychology service needs regular review and changes over time

# Any questions?

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