

## Leaflets for Congenital heart Disease Clinic

These are the most frequently needed leaflets for patients with CHD. Click on the hyperlinks to access the leaflets to print off for patients.

### Common Cardiac Condition Leaflets

**British Heart Foundation:** [www.bhf.org.uk/heart-health/conditions/congenital-heart-disease](http://www.bhf.org.uk/heart-health/conditions/congenital-heart-disease)

- [Aortic stenosis](#)
- [Atrial septal defect](#)
- [Coarctation of the aorta](#)
- [Common arterial trunk](#)
- [Complete and partial atrioventricular septal defect](#)
- [Double inlet ventricle](#)
- [Hypoplastic left heart](#)
- [Large ventricular septal defect](#)
- [Patent ductus arteriosus](#)
- [Pulmonary atresia with intact ventricular septum](#)
- [Pulmonary atresia with ventricular septal defect](#)
- [Pulmonary stenosis](#)
- [Single ventricle circulation](#)
- [Supraventricular tachycardia](#)
- [Tetralogy of Fallot](#)
- [Transposition of the great arteries](#)
- [Tricuspid atresia](#)
- [Pacemakers](#)
- [ICD](#)

**Arrhythmia information:** [www.arrhythmiaalliance.org.uk](http://www.arrhythmiaalliance.org.uk)

- Electrophysiology studies.
- Pacemakers.
- I.C.D.

### ***Inherited Heart Conditions***

#### Inherited arrhythmias (abnormal heart rhythms)

- [Long QT syndrome \(LQTS\)](#)
- [Brugada syndrome](#)
- [Catecholaminergic polymorphic ventricular tachycardia \(CPVT\)](#)
- [Progressive cardiac conduction defect \(PCCD\)](#)

#### Cardiomyopathies

- [Hypertrophic cardiomyopathy](#)
- [Dilated cardiomyopathy](#)
- [Arrhythmogenic right ventricular cardiomyopathy](#)

## **Transition**

- A Guide to Adult Cardiac Care (Transition) [www.thesf.org.uk/](http://www.thesf.org.uk/)
- Picture Your Journey - Making the transition from child to adult care [www.bhf.org.uk](http://www.bhf.org.uk)

## **Lifestyle Information**

- Lifestyle issues and endocarditis: [www.thesf.org.uk/](http://www.thesf.org.uk/)
- Pregnancy and contraception in congenital heart disease: [www.thesf.org.uk/](http://www.thesf.org.uk/)
- Care of cyanosed patient and Pulmonary Hypertension: <http://www.phassociation.uk.com/>
- Diet, exercise ,alcohol and smoking: [www.bhf.org.uk](http://www.bhf.org.uk)

## **Charities Information**

- Marfan syndrome: [www.marfan.org.uk](http://www.marfan.org.uk).
- Supporting Families affected by cardiac arrhythmia: [www.sadsuk.org](http://www.sadsuk.org)
- Cardiomyopathy: [www.cardiomyopathy.org](http://www.cardiomyopathy.org)
- Supporting young people with congenital heart disease: [www.youthatheart.co.uk](http://www.youthatheart.co.uk)
- Downs Heart Group: [www.dhg.org.uk](http://www.dhg.org.uk)
- Williams Syndrome: [www.williams-syndrome.org.uk](http://www.williams-syndrome.org.uk)
- Turners Syndrome Support Society (UK): [www.tss.org.uk](http://www.tss.org.uk)
- The Max Appeal: [www.maxappeal.org.uk](http://www.maxappeal.org.uk)
- Tiny Tickers: [www.tinytickers.org](http://www.tinytickers.org)
- Little Hearts Matter - Single Ventricle Heart Condition Charity: [www.lhm.org.uk](http://www.lhm.org.uk)
- Children's Heart federation: [www.chfed.org.uk](http://www.chfed.org.uk)
- Cardiac risk in the young: [www.C-R-Y.org.uk](http://www.C-R-Y.org.uk)