

# Adult Congenital Heart Disease (ACHD) Newsletter



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board



Spring 2022

## NEWLY EXPANDED ACHD TEAM 2022!

Funding from WHSCC has enabled us to expand our ACHD service covering South Wales.

A warm welcome to all new members of our team including ACHD Consultant Dr Simon Macdonald, ACHD Psychologist Dr Anna McCulloch and three specialist nurse Claire, Kindre and Katrina!



^ Dr McCulloch & Dr MacDonal ^

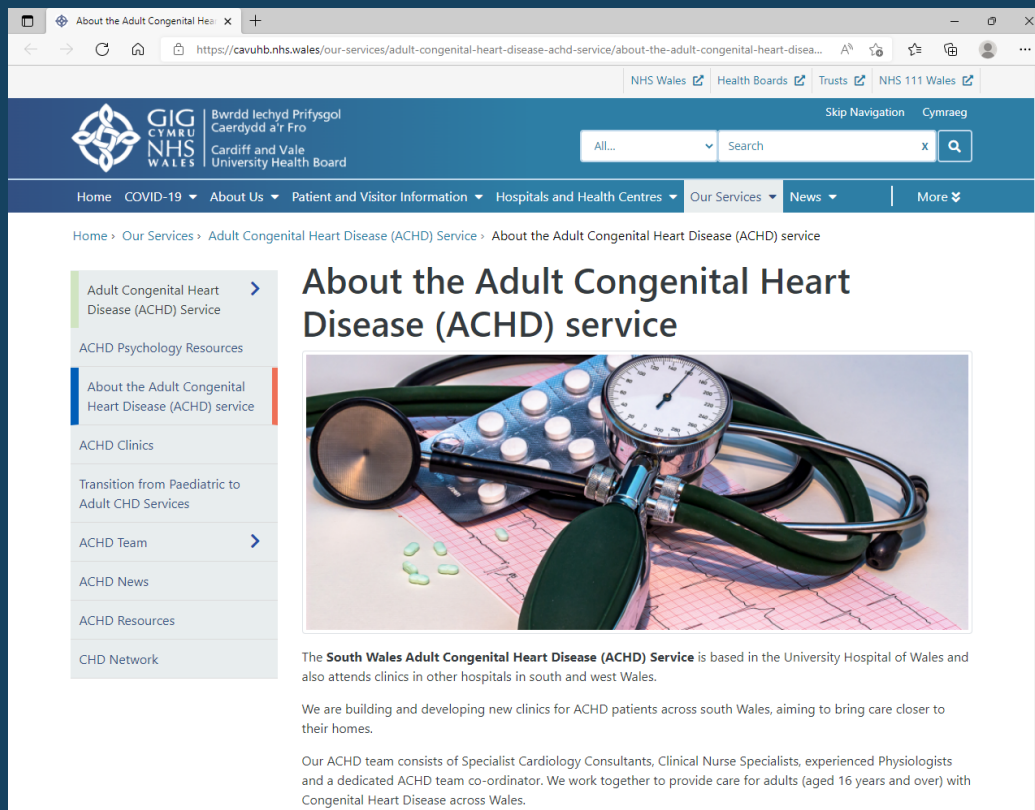
## ACHD Clinics

During the Covid pandemic most appointments were held virtually. We are gradually reintroducing face-to-face consultations for our patients and working through a backlog in appointments.

Our ACHD team offer appointments in various hospitals across south Wales:

- University Hospital of Wales, (Cardiff & Vale)
- Ysbyty Cwm Rhondda (Cwm Taf)
- Prince Charles Hospital (Cwm Taf)
- Singleton Hospital (Abertawe Bro Morgannwg)
- Princess of Wales Hospital (Abertawe Bro Morgannwg)
- Glangwili Hospital (Hywel Dda)
- Withybush General Hospital (Hywel Dda)
- County Hospital (Aneurin Bevan)

# Updated Welsh ACHD website!



< For up to date news, information and support on all aspects of ACHD please visit:

<https://cavuhb.nhs.wales/our-services/adult-congenital-heart-disease-achd-service/>



Mental health awareness week  
May 9-15th



Congenital heart disease doesn't just affect the body, it affects the mind, too. Living with a health condition can be difficult, and can evoke a wide range of strong emotions.

We recognize the importance of mental health and have a wide variety of support available via our ACHD Website:

<https://cavuhb.nhs.wales/our-services/adult-congenital-heart-disease-achd-service/achd-psychology-resources/>

The Cardiac Specialist Nurses are also able to discuss psychological or emotional support services available ( Call: 02921 844 580 )