

# Newsletter

NOVEMBER 2021

# HEART HEROES

## KING'S SCHOOL DONATES OVER £3K

We'd like to thank the generous families and supporters at **The King's School Gloucester** who have raised £10,276.20 for their House Charities - Heart Heroes, Dean Farm Trust and Acorns Children's Hospice. That's a staggering £3425.40 we'll each be receiving, which will make a huge difference and gets our Heart Heroes App campaign (currently running on Crowdfunder) off to a very healthy start, so we're beyond grateful.



## MEET SANTA!



Gloucester Carpet Outlet on Bristol Road hosts our fabulous Winter Wonderland on Saturday 4th December 12-4.30pm, which also marks the official launch of our beautiful new minibus. Book now to meet Santa, just £5 per child including a gift; plus there's a grotto, lots of market stalls, plenty of refreshments and tons of festive fun to be had; an event not to be missed! See our Facebook events page for more details and buy tickets online at TicketTailor.

## HEART HEROES & BAG 2 SCHOOL CLOTHES RECYCLE



What are we collecting:  
Mens, Ladies & Childrens clothing, paired shoes, handbags, belts & accessories ONLY  
(all packed in black bin liners)

Drop your bags anytime  
between 8:00-3:00pm  
Monday-Friday.

Final day for bag drop  
Friday 3rd December 2021

Where: Heart Heroes HQ, Redwell House, Matson Lane, Gloucester, GL4 6DX

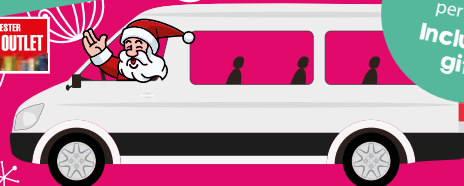


## CLOTHES DROP 3 DEC

Just a reminder that the last day to drop off your clothes recycling to raise funds for HH is Friday 3 December. Deliver to: Heart Heroes HQ, Redwell House, Matson Lane, Gloucester GL4 6DX between 8am and 3pm. A big big thanks to all those who have already donated.

04.12.21

GLoucester CARPET OUTLET



£5 per child  
Includes gift

Winter Wonderland  
with Grotto

Book to meet Santa 12 - 4.30pm

HEART HEROES

- Christmas market stalls
- Refreshments
- Food & mulled wine

Gloucester Carpet Outlet, 90 Bristol Road, Gloucester GL1 5SQ



## HEART HEROES MINIBUS LAUNCH

The only place to visit Santa this year!



## XMAS CARDS

Have you bought your Christmas cards yet? Heart Heroes Christmas cards 2021 are now live on our website, designed by Heart Hero Bobby and created by Onymous. A pack of 10 quality cards costs £5. Order online at the Heart Heroes shop.



# 100 CLUB 2022

It's that time of year again: it's just a £10 one-off payment to join or renew for our 100 Club 2022, which gets you an entry into every monthly draw for the year January to December, with a monthly first prize of £25 and second prize a bottle of wine. All you have to do is choose your preferred number from 1 to 100 and make the £10 payment online on our 100 Club page. Every penny donated helps a child and their family create lasting memories. Hurry - numbers are going fast!



## HH XMAS GIFTS

We have some great gifts on the Heart Heroes Shop page on our website, like these felt cuties by Lily & Me Friends - ethically crafted in Nepal, and with free delivery (select local pick up at cart exit). Also featured are a range of bespoke handmade pins, pendants and key-rings by Chris Lewis Jewellery Design, with a generous 50% of the profits going to Heart Heroes.



**Give as you Live®**

Don't forget when you're Christmas shopping that you can support us via Give as you Live. It's an easy and free way to raise funds for Heart Heroes when shopping online at one of the 5,500+ stores in the scheme, with loads of the top high street brands featured.



## HEART OF GLASS

Inspired by a girls' weekend with some of her lovely Heart Family, one of our Heart Mums discovered glass painting and she was so inspired she's launched a business as a result. Check out **The Glass Cow Gift Co** on Facebook for super-cute personalised painted sweetie jars at just £3 each.



## THANK YOU!



Once a year Churchdown Day Nursery open on a Saturday so parents can do their Christmas shopping, and all the lovely staff worked for free on 27th November and fund-raised for Heart Heroes into the bargain, with a whopping £1700 raised in total! Another big thank you goes to Eat Sleep Axe, who organised an axe throwing tournament for us on 2nd November which raised a tidy £360. Thank you all so so much - we couldn't run our Heart Family Events without amazing people like you going the extra mile for us!

## AMAZING CHRISTMAS HOUSE!

Going on a mini road trip to check out some of the more ambitious Christmas lights displayed on local homes is always great fun, and we're chuffed and hugely grateful that the lovely people at Abode Inside have turned their house into a spectacular show once again, and are supporting Heart Heroes, along with Teckles Animal Sanctuary. You can see a video clip of the display on our Facebook page, but if you can, pop along to 8 Cosford Close, Quedgeley, Gloucester GL2 2BQ as it really is a sight worth seeing.



# MAGICAL CHRISTMAS PARTY

Hatherley Manor Hotel & Spa was the scene for our memory-making Heart Heroes Christmas Party on 28 November. Party Peeps brought the games and giggles and Mad Hattie Facepainting brought the colour to our cheeks! Thanks to JB Event Hire for the elf-tastic grotto and snow as well, our Heart Families certainly had a magical and fun-filled day. A big thank you to our lovely hosts at the Hatherley Manor Hotel and Spa, and to everyone who helped to make it such a special treat.



## HH BRISTOL

The Bristol Hub had a great November meeting, with existing and new families having a fab time at Windmill Hill City Farm. Everyone really enjoyed painting their Christmas Stars with

Jess at Mini Potters Bristol. The next Hub meeting is on Thursday 16th December with some festive crafting on the agenda.

## MH AWARENESS EVENT

We were at the Children and Young People's Mental Health Awareness day on 24th November, run by Know

your Patch, Treasure Seekers, the NHS Gloucestershire Commissioning Group and Gloucestershire County Council. A free event hosted at the Walls Club in Gloucester, it was a great opportunity to showcase the support Heart Heroes offers, and for us to meet and network with other agencies and charities. Thank you to everyone who stopped by our stall!



## SHERBORNE CINEMA FUN



The Sherborne Cinema is a tucked away gem in Kingsholm in Gloucester, and we had a super time there on 20th November - a lovely, relaxing treat for our Heart Heroes families. Thanks to Mark and his team for making it special for us, we can thoroughly recommend the cinema for being excellent value for money with a cracking atmosphere.

## LONGFORD CAKE SALE

If you live in the Longlevens/ Longford area of

Gloucester you may know of the house opposite the Longford RFC on Longland Court, which has been holding a charity cake sale on the third Sunday every month for a while now. We were thrilled to be picked as their charity of choice in November - thank you, your support is very much appreciated! (Super cakes too, especially the cookie dough brownies.)



## CAP BUSINESS CLUB

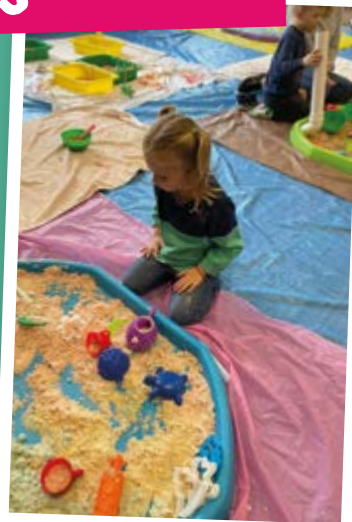


It was great to be part of the CAP Business Club's social evening on the 18th, welcoming over 45 members from across many different groups at the The Belfry Hotel. It was such a friendly atmosphere with lots of local businesses

there, plus a few from further afield. The raffle was HUGE with lots of happy smiley winners, and we raised £350 for Heart Heroes, plus we had the opportunity to raise awareness of what we do as a charity and to make some useful new connections.

## GLOUCESTER MINI EXPLORERS

It was all about sensory play for the keen mini explorers at the Gloucester Hub on 17th November. Thanks to all our volunteers for the yummy cakes, and to author Will Hamilton-Davies for making a special visit and reading from his book, *The Shrew With The Flu*.



## RADIO PLAY

Heart Heroes has been featured on BBC radio twice this month, with the Devon and Cornwall Hub on Radio Devon on the breakfast show on the 10th and some of our Heart Heroes talking about the I CAN project on BBC Radio Gloucestershire on the 13th at 9.15am.



## COFFEE MORNING TOPS £1K



Our Christmas Coffee Morning and Raffle raised a brilliant **£1034.95** this month, with grateful thanks to our host, **Tudor Farmhouse Hotel & Restaurant** in Clearwell, and of course to **Chris Lewis Jewellery Design**, **Z's Beautique**, **Fudge It**, **Little Indulgence** and **@amyscentsyhumour** for joining us. The money raised went to good use putting on our festive Heart Families Christmas Party, as well as to buy elf accessories and chocolate and story book advent calendars for our long-term cardiac children on Dolphin Ward at the Bristol Royal Hospital for Children.

## NOT JUST TRAVEL

Happy birthday to Not Just Travel - not only does Nicky Pegram, Personal Travel Consultant, like to visit our Heart Family events, she supports us through her travel business by offering a donation when anyone books. We really appreciate it, Nicky!



# SENSORY BOARD DISCOUNT



Samboards is offering a discount on its sensory boards - use the codes below and it will donate 25p per set and £1 per pad to Heart Heroes.

Discount code: HHSquareSale for Set of 3 Library Squares - colour, white and black, £12 a set with free postage.

Discount code: HHPAD5 for Sensory Pad 1, £55.  
Discount code: HHPAD25 for Sensory Pad 2, £55.  
Order at [www.samboards.co.uk](http://www.samboards.co.uk).

# HH OXFORDSHIRE

A big thank you to The Oxford Round Table 144, who invited the Oxfordshire Hub into their family tent at their huge fireworks display this month to promote awareness of Heart Heroes.



# WILL POWER

It's always lovely to receive a surprise donation in the post and hear from a new supporter. Thank you **Redlake Financial & Legal Services** for the kind donation from Jason and Rachel, who said: "Phil and the team have been fantastic at creating our wills. I had absolutely no idea that making a will was so complicated. Phil explained everything so I completely understood and we have now put policies in place so our children are cared for. Nothing was a problem and we had a lot of laughs along the way. Thanks Phil and the team." Redlake offers will writing services for free, but asks its clients to donate to one of their chosen charities as part of the process, a great scheme.

REDLAKE

TRADITIONAL VALUES WITH A MODERN APPROACH



# I CAN DRUM

Inspire Drums ran an excellent I CAN DRUM session for our Heart Heroes children on the 6th. Steve Draper from Inspire Drums said: "Thanks to Hartpury and The Clem Burke Drumming Project for the opportunity... and Heart Heroes for running such an inspiring group for amazing kids."

# EVENTS CALENDAR

## DECEMBER 2021

- |      |                                 |      |                      |
|------|---------------------------------|------|----------------------|
| 4th  | Minibus Launch & Santa's Grotto | 12th | Devon & Cornwall HUB |
| 12th | Oxfordshire HUB                 | 13th | Gloucester HUB       |
| 12th | Duck & Dot Paint Along          | 16th | Bristol HUB          |



# GLOUCESTER LOTTERY

Play and support us!  
[www.gloucesterlottery.co.uk/support/heart-heroes](http://www.gloucesterlottery.co.uk/support/heart-heroes).

HEART HEROES

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