



Going into hospital

Easy read



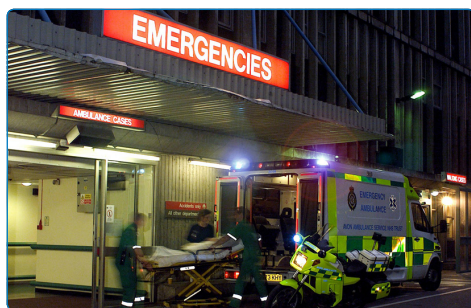
**This easy read leaflet will tell you what happens
when you are admitted to hospital.**

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If you are poorly, your doctor, parent or carer may say you need to go to hospital to help you get better.



If you are very poorly or hurt, you may need to go to the children's emergency department.



You might go to hospital, have your treatment and go home the same day.

or



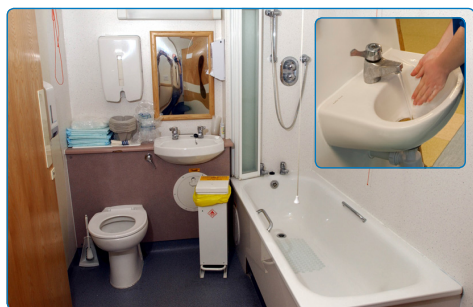
You may need to stay in hospital for a longer time. If so, they will admit you to a ward.



A nurse will show you to your bed when you arrive on the ward and tell you where to put your things.



Your mum, dad or carer will be able to stay overnight.



The nurse will show you where the nearest toilet is to your bed. **Always wash your hands after you have been to the toilet.**



If you have a Hospital Passport we will use it during your visit. For more information: **www.uhbristol.nhs.uk/hospital-passport**.



You and your parents or carers will be asked some questions. The answers will help make sure you get the right treatment.



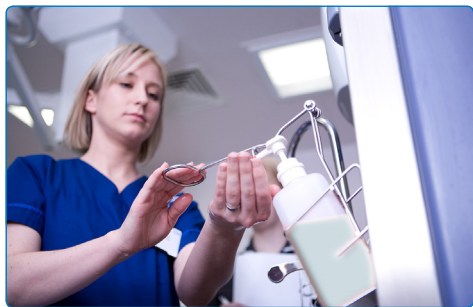
A nurse will put a bracelet on you. This has important information on it and must always be on your arm or leg. **Do not take it off.**



You will meet lots of different people during your stay in hospital.



All the staff in the hospital have a name badge. When they talk to you they will tell you their name.



Staff, family, friends and carers must all use hand gel before they come and visit you. This is to help stop the spread of germs.



Nurses and doctors will tell you about everything that will happen to you.



If you need any medicines, the nurse will give them to you.



You will be asked if you want drinks and a snack.



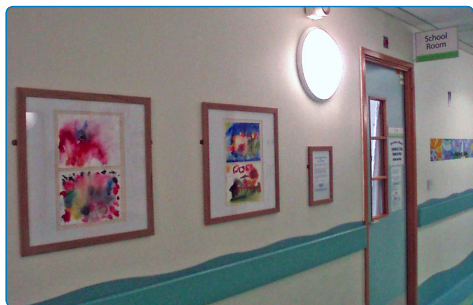
You will have breakfast, lunch and dinner. **Let the nurse know if you have a special diet.**



Most wards and departments have access to a playroom and a play specialist.



If you are well enough to leave the ward you could visit the play centre, which has an outdoor play area.



If you are able to, you could visit the school room.



If you are unable to leave your bed, bedside activities include a sensory unit, education and music therapy.



If you would like to watch television, please ask a nurse.



Family and friends can visit you in hospital. They must check what the visiting times are.



When you are feeling better the doctors will tell you when you can go home.



For further information
please visit:
**[www.uhbristol.nhs.
uk/patients-and-
visitors/your-hospitals/
bristol-royal-hospital-
for-children/childrens-
website/](http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-royal-hospital-for-children/childrens-website/)**

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please go to the following address:

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information-for-patients/](http://www.uhbristol.nhs.uk/patients-and-visitors/information-for-patients/)**

Hospital switchboard: 0117 923 0000

Minicom: 0117 934 9869

www.uhbristol.nhs.uk



For an interpreter or signer please contact the
telephone number on your appointment letter.

For this leaflet in large print, audio, or PDF format,
please email patientleaflets@uhbristol.nhs.uk.