

**10<sup>th</sup> March 2018**



**Welcome to...**  
**Our first ever Welsh Adult  
Congenital Heart Disease  
Patient Engagement event!**

**Sarah Finch (MSc) & Bethan Shiers (RGN)  
& The Congenital Heart Disease (CHD) Network of South Wales and  
South West England**



# Our aim for the day is...



**To support and provide information and advice for adult congenital heart disease patients and their families.**

**Also an opportunity to meet with your CHD Team and feedback ...**

*..To learn, get involved and to have fun 😊*



**Agenda of the day:  
(10:30- 3pm)**



(10:30-10:50 Registration/Tea and coffee)

10:50 am – Quick introduction

**Four main ACHD talks (including 5- 10 mins for questions)**

11:00- 11:30 Dr Michelle O’Keefe / Joanna Latham – *Managing the Emotional side of having Congenital Heart Disease*

11:30-12:00 Sr Sheena Vernon - *Living with Congenital Heart Disease.*

12:00-12:30 Dr Dirk Wilson-*Benefits and risks of exercise in Congenital Heart Disease*

12:30-13:00 Dr Gergely Szantho -*Tests and investigations in Congenital Heart Disease*

**Lunch (BHF/SF/Public Health Wales/Roche stalls)**

1:45- 14:00 BHF, SF Charity, ACHD Network update (5 mins each)

14:00 - 14:45 – Q+A - Ask the panel! (Box for Questions in back of room)

14:45 - 15:00 Patient feedback

# Multi Disciplinary - South Wales ACHD Team



Transition nurse  
(Anne Jermyn)

Physiologist  
(Sam Bowen –  
lead)

CNS team  
(Sarah Finch/  
Bethan Shiers)



Obstetric team  
(Dr Francis/  
Donna James)

ACHD  
patient

Paediatric team  
(Dr Wilson)



Cardiac Surgeon  
(Bristol/Cardiff)

Service  
coordinator  
(Elizabeth  
Corris)

Cardiologists  
(Dr Szantho-  
lead)/ Dr  
Wallis/ Dr  
Masani)



*Many, many more individuals and teams are involved in the care and management of this patient group to ensure they receive the best possible and timely care...*

**Diolch am ddod heddi**  
**Thank you for coming today!**



# Special thank you to:

- University Hospital Wales (Cardiothoracic department)
- Roche Diagnostics
- The Congenital Heart Disease (CHD) Network of South Wales and South West England
- The Somerville Foundation
- The British Heart Foundation
- Our speakers: Dr Michelle O'Keefe, Ms Joanna Latham, Sr Sheena Vernon, Dr Greg Szantho and Dr D Wilson
- **And to all of you for attending!! 😊**